



AUGUST 2026 POOL CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Lap/Fitness 8a-11a Open 11a-2p
2 CLOSED	3 Lap/Fitness 6a-11:15a Aqua 11:30a-12:30p Closed 11:15a-12:30p Open 12:45p-7p	4 Lap/Fitness 6a-12p Open 12p-7p	5 Lap/Fitness 6a-11:15a Aqua 11:30a-12:30p Closed 11:15a-12:30p Open 12:45p-7p	6 Lap/Fitness 6a-12p Open 12p-7p	7 Lap/Fitness 6a-11:15a Aqua 11:30a-12:30p Closed 11:15a-12:30p Open 12:45p-7p	8 Lap/Fitness 8a-11a Open 11a-2p
9 CLOSED	10 Lap/Fitness 6a-11:15a Aqua 11:30a-12:30p Closed 11:15a-12:30p Open 12:45p-7p	11 Lap/Fitness 6a-8:45a HS Swim Practice 9a-11a Closed 8:45a-11a Open 11:15a-7p	12 Lap/Fitness 6a-8:45a HS Swim Practice 9a-11a Aqua 11:30a-12:30p Closed 8:45a-12:30p Open 12:45p-7p	13 Lap/Fitness 6a-8:45a HS Swim Practice 9a-11a Closed 8:45a-11a Open 11:15a-7p	14 Lap/Fitness 6a-8:45a HS Swim Practice 9a-11a Aqua 11:30a-12:30p Closed 8:45a-12:30p Open 12:45p-7p	15 Lap/Fitness 8a-11a Open 11a-2p
16 CLOSED	17 Lap/Fitness 6a-8:45a HS Swim Practice 9a-11a Aqua 11:30a-12:30p Closed 8:45a-12:30p Open 12:45p-7p	18 Lap/Fitness 6a-8:45a HS Swim Practice 9a-11a Closed 8:45a-11a Open 11:15a-7p	19 Lap/Fitness 6a-8:45a HS Swim Practice 9a-11a Aqua 11:30a-12:30p Closed 8:45a-12:30p Open 12:45p-7p	20 Lap/Fitness 6a-8:45a HS Swim Practice 9a-11a Closed 8:45a-11a Open 11:15a-7p	21 Lap/Fitness 6a-8:45a HS Swim Practice 9a-11a Aqua 11:30a-12:30p Closed 8:45a-12:30p Open 12:45p-7p	22 Lap/Fitness 8a-11a Open 11a-2p
23 CLOSED	24 Lap/Fitness 6a-8:45a HS Swim Practice 9a-11a Aqua 11:30a-12:30p Closed 8:45a-12:30p Open 12:45p-7p	25 Lap/Fitness 6a-8:45a HS Swim Practice 9a-11a Closed 8:45a-11a Open 11:15a-7p	26 Lap/Fitness 6a-8:45a HS Swim Practice 9a-11a Aqua 11:30a-12:30p Closed 8:45a-12:30p Open 12:45p-7p	27 Lap/Fitness 6a-12p Open 12p-4p Closed 4p-7p Swim Meet	28 Lap/Fitness 6a-8:45a HS Swim Practice 9a-11a Aqua 11:30a-12:30p Closed 8:45a-12:30p Open 12:45p-7p	29 Lap/Fitness 8a-11a Open 11a-2p
30 CLOSED	31 Lap/Fitness 6a-12p Open 12p-2:45p HS Swim Practice 3p-5p Closed 3p-5p Open 5p-7p					

FLAT ROCK COMMUNITY CENTER RESERVES THE RIGHT TO CHANGE THIS SCHEDULE AS NEEDED.